



THE OPRAH
MAGAZINE

You're invited!

Summer at OPRAH'S

From gardening to
grilling to totally chilling!



Share
your favorite
summer photo
with Oprah—
one she might share
if both the stars
are there!



THE
ULTIMATE
DENIM
GUIDE

Jeans that slim,
trim & kick butt!

10 FOODS
THAT SHARPEN
YOUR MIND

Grocery list included

8 FUN QUIZZES
guaranteed to move
your life forward

The O Interview

OPRAH SITS DOWN WITH THE
MOST DELICIOUS MAN EVER!

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29 A foolproof method for getting a quick, pretty flush: Tap your ring finger in cream blush (such as **Stila Cosmetics Aqua Glow Watercolor Blush**) and press it against your thumb. To get just the right amount of sheer color on each side, use your ring finger to pat it on the apple of one cheek and your thumb for the other cheek. Dust a similar shade of light powder blush on top (try **Urban Decay Afterglow 8-Hour Powder Blush**) to prevent fading.

30 Multitask at the beach with a protective hydrating hair treatment. Saturate dry hair with a conditioning mask (try **Briogeo Don't Despair, Repair! Deep Conditioning Mask**); then braid it or twist it into a bun.

32 If you don't even want to think about polish, treat nails to a coat of conditioner instead. **Deborah Lippmann Genie in a Bottle** neutralizes yellow and makes nails appear healthier. **Ginger + Liz First Defense Natural Coat** gives a matte finish, and **Orly BB Crème** smooths and brightens.

36 Two easy ways to avoid having to touch up your makeup throughout the day: Use products that contain a primer (**Clinique Pop Lip Colour + Primer** and **Neutrogena Nourishing Long Wear Eye Shadow + Built-in Primer** are both great options) or mist your complexion with a makeup-setting spray (such as **Coola Makeup Setting Spray SPF 30**) before you walk out the door.

37 For a quick smoky eye, line your lashlines with a gel pencil (try **Maybelline New York Eye Studio Lasting Drama Waterproof Gel Pencil**), then smudge it out with your finger.

38 Step up your style with a fast and easy (but fancy) braid, which works on long hair of all textures. One option: Pull hair into a ponytail and secure with an elastic. Then split the ponytail into two and braid each half. Twist the braids into a bun and bobby pin into place. For a looser, more laid-back look, braid a one-inch section above each ear, then pull the two skinny braids around to the back of the head and pin.

31 Not enough time for weekly base, color, and top coats? Swipe on the all-in-one **Sally Hansen Complete Salon Manicure**, which also contains strengthener and growth treatment and dries in minutes. For the longest-lasting mani, choose a light, subtle color, like **Sheer Ecstasy**, so chips are less noticeable.

33 Or skip enamel completely and simply buff nails. Buffing reduces yellowing and other discoloration caused by polish.

34 If you use a dryer, try a blow-dry speed spray (like **L'Oréal Paris Advanced Hairstyle Blow Dry It Quick Dry Primer Spray**), which wicks water from the hair shaft.

35 An in-shower lotion (we love **Jergens Wet Skin Moisturizer**) eliminates the need to moisturize afterward.

40 Create a flattering nude lip without lipstick: Just dab a little concealer on the center of your lips and blend it out with your finger. Apply a clear gloss (such as **Make Up For Ever Artist Plexi-Gloss in Transparent**) on top to give it sheen.

OUR EXPERTS

Riawna Capri, Clear Scalp & Hair celebrity stylist
Anne Chapas, MD, dermatologist in New York City
Lisa Chiccine, hairstylist in New York City

Annie Chiu, MD, dermatologist in Redondo Beach, California
Sharon Dorrain, hair colorist in New York City
Stephanie Flor, Clinique color pro

Gervaise Gerstner, MD, L'Oréal Paris skincare expert
Ted Gibson, hairstylist in New York City
Emmy Graber, MD, dermatologist in Boston

Ranella Hirsch, MD, dermatologist in Boston
Sarah Lucero, Stila Cosmetics global director of education
Ellen Marmor, MD, dermatologist in New York City

Sarah Potempa, Aussie celebrity stylist
DJ Quintero, hairstylist in New York City
Ashunta Sheriff, makeup artist in New York City

Sir John, L'Oréal Paris celebrity makeup artist
Molly R. Stern, makeup artist in Los Angeles
Christian Wood, Toni & Guy celebrity stylist

For details see Shop Guide.